

# FIRST HOUR DEVOTION

*God, this is YOUR day. Speak to me through your word. I am listening.*

Date \_\_\_\_\_ Time \_\_\_\_\_ Sign on \_\_\_\_\_

**THINK YOURSELF EMPTY WITH GRATITUDE**

Count Your Blessings Literally: *the last 24 hours Lord, thank you. 1,2,3, . . .*

#\_\_\_\_\_

**READ YOURSELF FULL WITH SCRIPTURE**

Scripture Reading: *Speak to me God through your word. I know you are here.*

Verses:

**Main Topic:**

(Notes while reading)

**WRITE YOURSELF CLEAR BY JOURNALING  
(NO RULES) WRITE HONESTLY-BE VULNERABLE**

God showed me this today:

**PRAY AS GOD LEADS**

**WANDERING MIND THOUGHTS TODAY**